## ANAPHYLAXIS PREVENTION AND RESPONSE

Anaphylaxis is a life-threatening allergic reaction that may involve systems of the entire body. Anaphylaxis is a medical emergency that requires immediate medical treatment and follow-up care by an allergist/immunologist.

The Eastmont School District Board of Directors expects school administrators, teachers and support staff to be informed and aware of life-threatening allergic reactions (anaphylaxis) and how to deal with the resulting medical emergencies. For students, some common life-threatening allergens are peanuts, tree nuts, fish, bee or other insect stings, latex, and some medications. Affected students require planned care and support during the school day and during school sponsored activities. Additionally, any student could potentially have a life threatening allergic reaction even without a history of such.

Parents/guardians are responsible for informing the school about their student's potential risk for anaphylaxis and for ensuring the provision of ongoing health information and necessary medical supplies. The District will take reasonable measures to avoid allergens for affected students. The District will also train all staff in the awareness of anaphylaxis and prepare them to respond to emergencies. Additionally, student specific training will be provided for appropriate personnel.

Even with the District's best efforts, staff and parents/guardians need to be aware that it is not possible to achieve a completely allergen-free environment. However, the District will take precautions to reduce the risk of a student with a history of anaphylaxis coming into contact with the offending allergen in school.

The District will maintain at designated school locations a supply of epinephrine auto injectors based on the number of students enrolled at the school. Undesignated epinephrine auto injectors must be obtained with a prescription in the name of the school by a licensed health professional within the scope of their prescribing authority and must be accompanied by a standing order protocol for their administration.

In the event a student with a current prescription for an epinephrine auto injector on file at the school experiences an anaphylactic event, the school nurse or designated trained school personnel may use the school supply of epinephrine auto injectors to respond if the student's supply is not immediately available. In the event a student with a current prescription for epinephrine on file with the school or a student with undiagnosed anaphylaxis experiences an anaphylactic event, the school nurse may utilize the school supply of epinephrine to respond under the standing order protocol according to RCW 28A.210.380 and RCW 28A.210.383.

The school's supply of epinephrine auto injectors does not negate parent/guardian responsibility to ensure that they provide the school with appropriate medication and treatment orders pursuant to <a href="RCW 28A.210.320">RCW 28A.210.320</a> if their student is identified with a life-threatening allergy.

The superintendent will establish procedures to support this policy and to ensure:

- 1. Rescue protocol in cases of suspected anaphylaxis will follow OSPI's Guidelines for the Care of Students with Anaphylaxis (2009);
- 2. A simple and standardized format for emergency care plans is utilized;
- 3. A protocol is in place to ensure emergency care plans are current and completed;
- 4. Medication orders are clear and unambiguous; and
- 5. Training and documentation are a priority; and
- 6. Each school's supply of epinephrine auto injectors is maintained pursuant to manufacturer's instructions and District medication policy and procedures.

## Fragrance Free Environment

In recognition that strong scents and fragrances may aggravate student, employee, and visitor health and respiratory issues as well as contribute to poor indoor air quality, Eastmont requires employees and students to avoid the use of strongly fragrant substances. This includes hand sanitizers, cologne, perfume, scented lotions, hair products, electric candles, air fresheners, plug-in diffusers, etc. In addition, cleaning products with strong scents will only be used during non-student school hours.

Eastmont will display signage throughout the school building to notify and promote a fragrance-free environment.

If a student or staff member is affected by a specific scent, we ask that school staff eliminate the cause of the offensive odor.

Cross References:

Board Policy 3416 Medication at School Board Policy 3418 Emergency Treatment

Board Policy 3419 Self-Administration of Asthma and Anaphylasxis

Medications

Legal References:

RCW 28A.210.383 Anaphylaxis – Policy Guidelines – Procedures –

Reports

WAC 392-380 Public schools pupils — Immunization requirement

and life-threatening health condition

Management Resources:

Policy & Legal News, August 2018

Policy & Legal News, August 2013

Policy & Legal News, August 2012

Policy News, February 2009

OSPI, March 2009 Guidelines for the Care of Students with Anaphylaxis