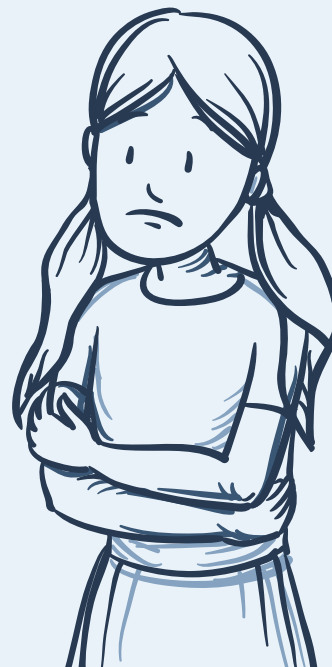


Helping Youth in Crisis: Call the Youth Mobile Crisis Response Team at **(509) 662-7105**

If you or a youth in your care:

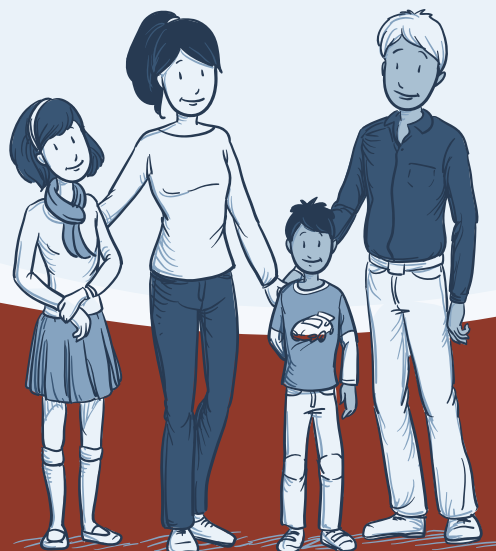
- feel alone...
- feel like no one cares...
- feel that every day is a battle to get through...
- feel stress and pressure are overwhelming...
- feel like it's just too much...

The Catholic Charities' Youth Mobile Crisis Response Team can help you find hope. We are here for you, no matter what you're going through.



Whatever you're going through, we'll go through it with you.

Contact us for rapid, in-person support during difficult situations, no matter how big or small the problem feels. Our behavior specialists work to help young people learn to manage overwhelming emotions and move toward a better future.



Hope is a phone call away!

(509) 662-7105

Everyday, 8am-8pm.

Or call 9-8-8 if you need help outside of these times.

Trained responders are ready to come support you wherever you are for whatever you need. You don't have to go through this alone.

Visit CCHopeForYouth.org for more information.



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