



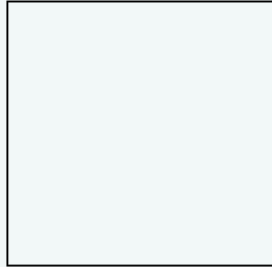
# Sterling & Eastmont Jr. High Breakfast

# SEP

## MONDAY



## TUESDAY



## WEDNESDAY

Bagel w/ Cream Cheese  
or  
Sausage & Cheese Biscuit  
with Tater Tots

## THURSDAY

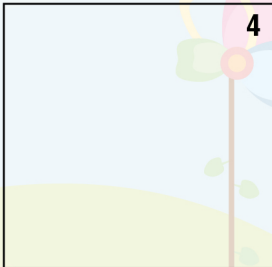
Muffin w/ Cheese Stick  
or  
Ham, Egg & Cheese  
Breakfast Sandwich  
with Tater Tots

## FRIDAY

Donut Round  
or  
Sausage and Cheese  
Biscuit  
with Tater Tots

Breakfast Includes: Choice of entrée or Cereal with Cheese Stick, choice of fruits, and low-fat milk or fat-free chocolate milk.

4



5

Bagel w/ Cream Cheese  
or  
Ham, Egg & Cheese  
Breakfast Sandwich  
with Tater Tots

6

Breakfast Bowl  
w/ WG Toast  
or  
Sausage & Cheese  
Biscuit  
with Tater Tots

7

Blueberry Patch Parfait  
or  
Ham, Egg & Cheese  
Breakfast Sandwich

8

Cinnamon Roll  
w/ Icing  
or  
Sausage & Cheese Biscuit  
with Tater Tots

11

Sausage and Pancake  
on a Stick  
or  
Sausage & Cheese Biscuit  
with Tater Tots

12

Apple Frudel  
or  
Ham, Egg and Cheese  
Breakfast Sandwich  
with Tater Tots

13

Ultimate Breakfast Round  
or  
Sausage and Cheese Biscuit  
with Tater Tots

14

Buttermilk Pancakes  
w/ Syrup  
or  
Ham, Egg & Cheese  
Breakfast Sandwich  
with Tater Tots

15

Scratch-Made  
Banana Muffin Top  
or  
Sausage & Cheese Biscuit  
with Tater Tots

18

Sausage Breakfast Pizza  
or  
Sausage & Cheese Biscuit  
with Tater Tots

19

Cinnamon & Sugar  
Pancake Bites  
or  
Ham, Egg and Cheese  
Breakfast Sandwich  
with Tater Tots

20

Biscuit with  
Old Fashioned Sausage Gravy  
or  
Sausage and Cheese Biscuit  
with Tater Tots

21

Chef's Choice Frittata  
w/ WG Toast  
or  
Ham, Egg & Cheese  
Breakfast Sandwich  
with Tater Tots

22

Scratch Made  
French Toast  
or  
Sausage & Cheese Biscuit  
with Tater Tots

25

Waffles w/ Berry Compote  
or  
Sausage & Cheese Biscuit  
with Tater Tots

26

Ultimate Breakfast Round  
or  
Ham, Egg & Cheese  
Breakfast Sandwich  
with Tater Tots

27

Crunch Wrap  
or  
Sausage Cheese Biscuit  
with Tater Tots

28

Bagel w/ Cream Cheese  
or  
Ham, Egg & Cheese  
Breakfast Sandwich  
with Tater Tots

29

Cinnamon Roll w/ Icing  
or  
Sausage & Cheese Biscuit  
w/ Tater Tots